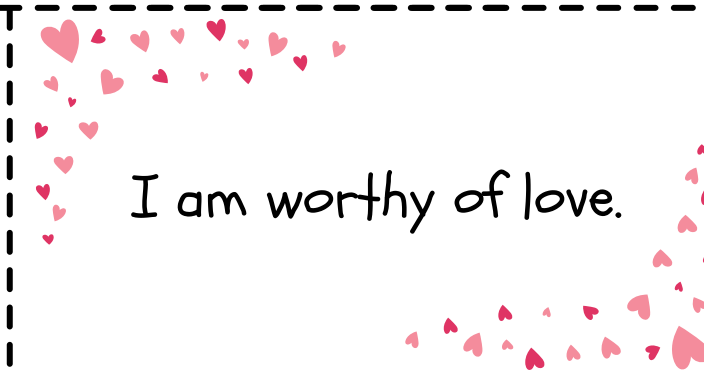

A decorative border of pink hearts of various sizes, arranged in a frame around the text.

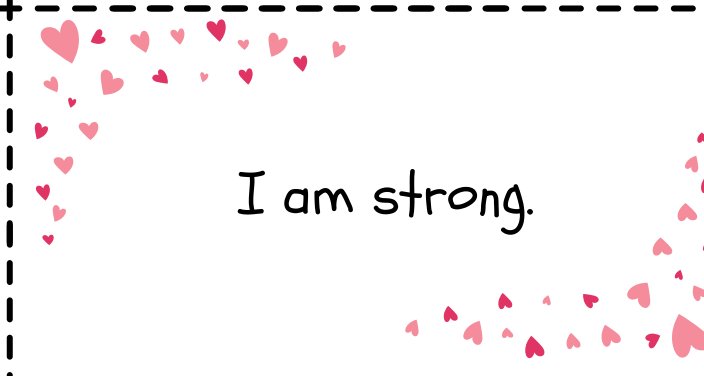
I am loved.

A decorative border of pink hearts of various sizes, arranged in a frame around the text.

I am worthy of love.

A decorative border of pink hearts of various sizes, arranged in a frame around the text.

My family and friends
care about me.

A decorative border of pink hearts of various sizes, arranged in a frame around the text.

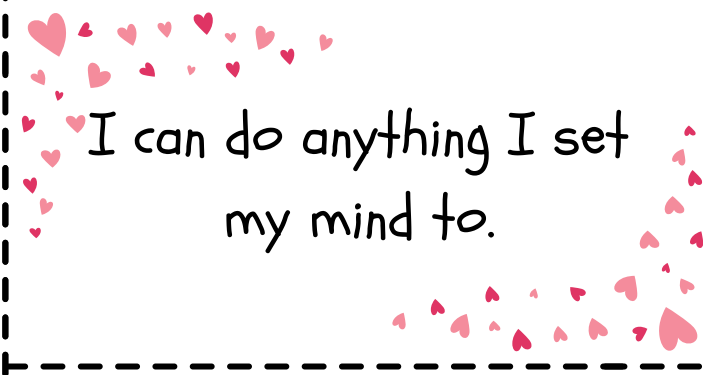
I am strong.

A decorative border of pink hearts of various sizes, arranged in a frame around the text.

I am determined.

A decorative border of pink hearts of various sizes, arranged in a frame around the text.


I am capable.

A decorative border of pink hearts of various sizes, arranged in a frame around the text.

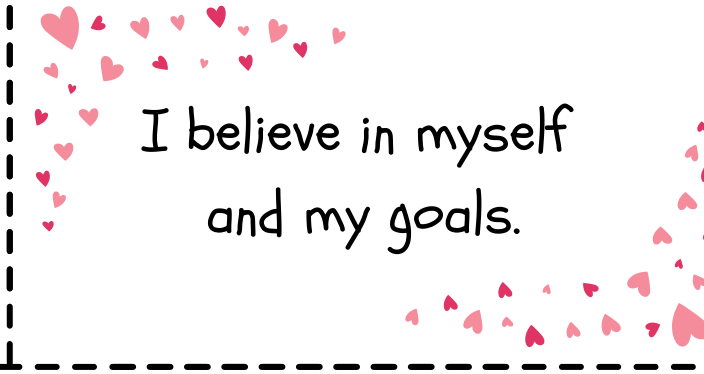
I can do anything I set
my mind to.

A decorative border of pink hearts of various sizes, arranged in a frame around the text.

I am resilient.

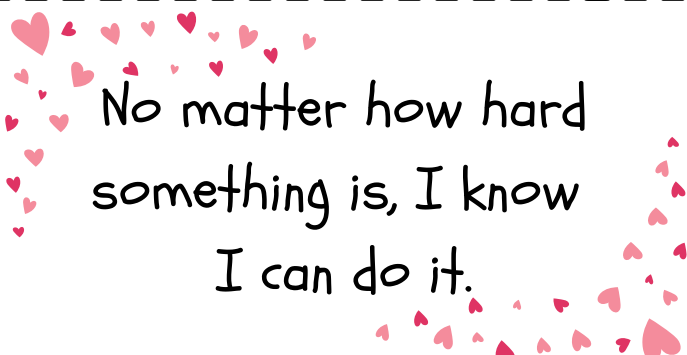
A decorative border of pink hearts of various sizes, arranged in a frame around the text.

I am unique and
beautiful.

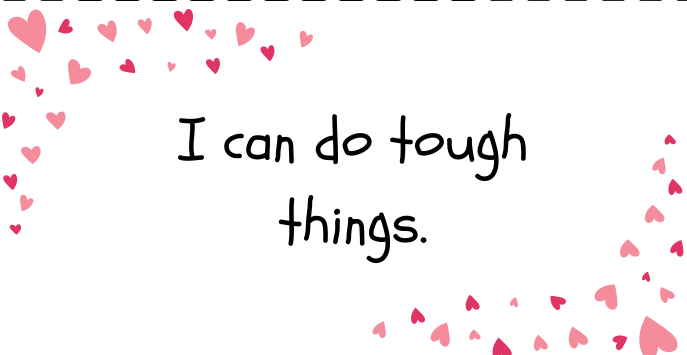
A decorative border of pink hearts of various sizes, arranged in a frame around the text.

I believe in myself
and my goals.

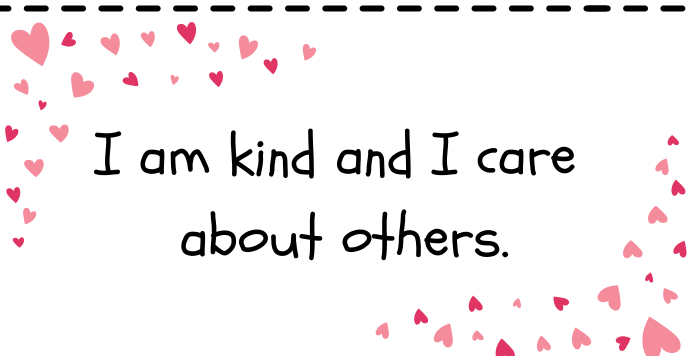


A decorative border of small pink hearts follows the top and right edges of the first panel.


No matter how hard
something is, I know
I can do it.

A decorative border of small pink hearts follows the top and right edges of the second panel.

I can do tough
things.

A decorative border of small pink hearts follows the top and right edges of the third panel.

I am kind and I care
about others.

A decorative border of small pink hearts follows the top and right edges of the fourth panel.


I make a difference in
the world.

A decorative border of small pink hearts follows the top and right edges of the fifth panel.

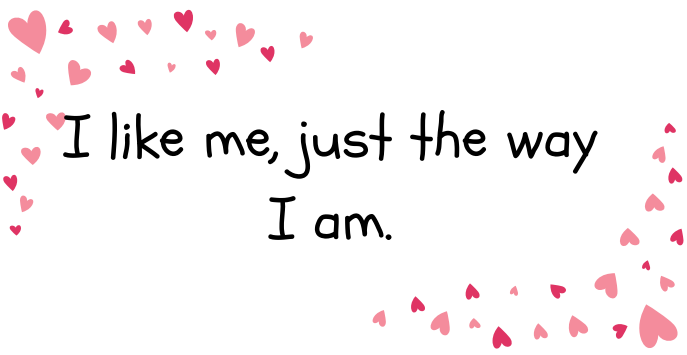
I am comfortable with
being uncomfortable.

A decorative border of small pink hearts follows the top and right edges of the sixth panel.

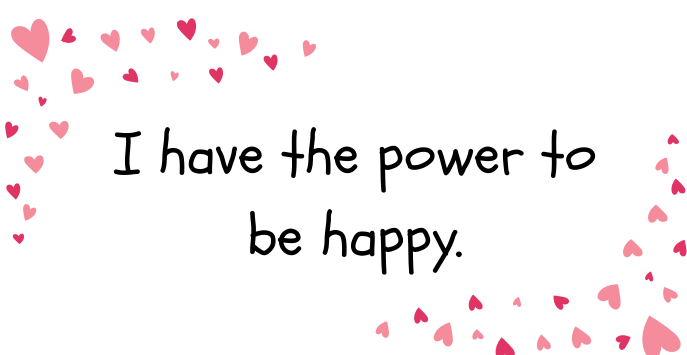
I am safe.

A decorative border of small pink hearts follows the top and right edges of the seventh panel.


It is ok to
make mistakes.

A decorative border of small pink hearts follows the top and right edges of the eighth panel.

I like me, just the way
I am.

A decorative border of small pink hearts follows the top and right edges of the ninth panel.

I have the power to
be happy.

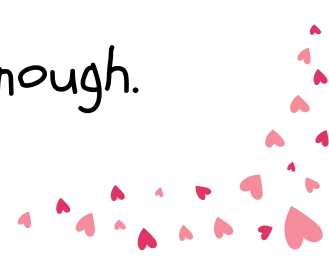
A decorative border of small pink hearts follows the top and right edges of the tenth panel.

Today is a
great day.





I am enough.



I am brave.



I am stronger than a unicorn, more magical than a mermaid, and more fierce than a fairy.

