

Rocky's Courage Collage Activity

Grab the help of a grown up and build a Courage Collage!

A fun and creative way to show what being brave means to **you!**

What You'll Need:

- A piece of poster board or large paper
- Old magazines, newspapers, or printed pictures
- Scissors (with a grown up's help if needed!)
- Glue stick or tape
- Markers, crayons, or colored pencils
- Stickers or glitter (optional, but fun!)



Step-by-Step Instructions:

1. Think About Courage

Take a moment and think:

What does courage mean to me? Is it standing up for a friend?

Trying something new? Being honest?

Draw or write down some brave things you've done or seen.

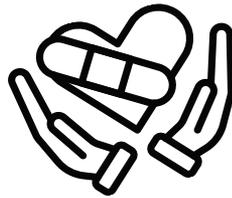
I am brave

2. Find Pictures and Words

Look through magazines or print pictures from the internet (*with help*).

Cut out:

- People doing brave things
- Animals that remind you of bravery (like lions, eagles, or dogs)
- Words like “strong,” “brave,” “hero,” “kind,” or any that make you feel powerful



3. Create a Title

At the top of your poster, write a big, bold title:

“MY COURAGE COLLAGE”

or

“YOUR NAME COURAGE COLLAGE”

Decorate it with your favorite colors!



4. Arrange Your Collage

Before gluing, lay everything out to see how it looks.

Try grouping:

- Pictures in one corner
- Words in another
- Maybe a space in the middle for your own drawing!



5. Glue It All Down

Once you like how it looks, glue or tape everything in place.

6. Add Your Own Art

Use markers or crayons to add your own drawings of:

- A time you were brave
- A superhero you admire
- A heart to show your brave spirit

Be
COURAGEOUS

7. Finishing Touches!

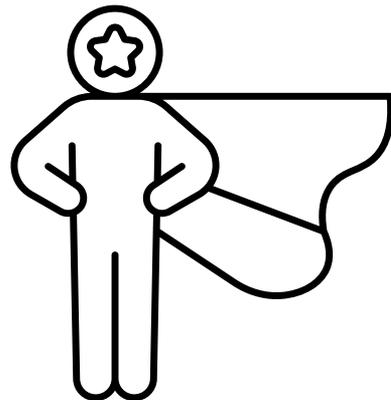
Add stickers, glitter, or anything else to make it uniquely yours!

You're All Done!



Hang your Courage Collage somewhere special—like your bedroom wall or fridge—to remind yourself how brave you are every day.

Visit www.CatherineClarkFelts.com
to download and print this
Courage Collage Activity!



A decorative border made of horizontal and vertical wooden logs with a natural wood grain pattern, framing the entire page.

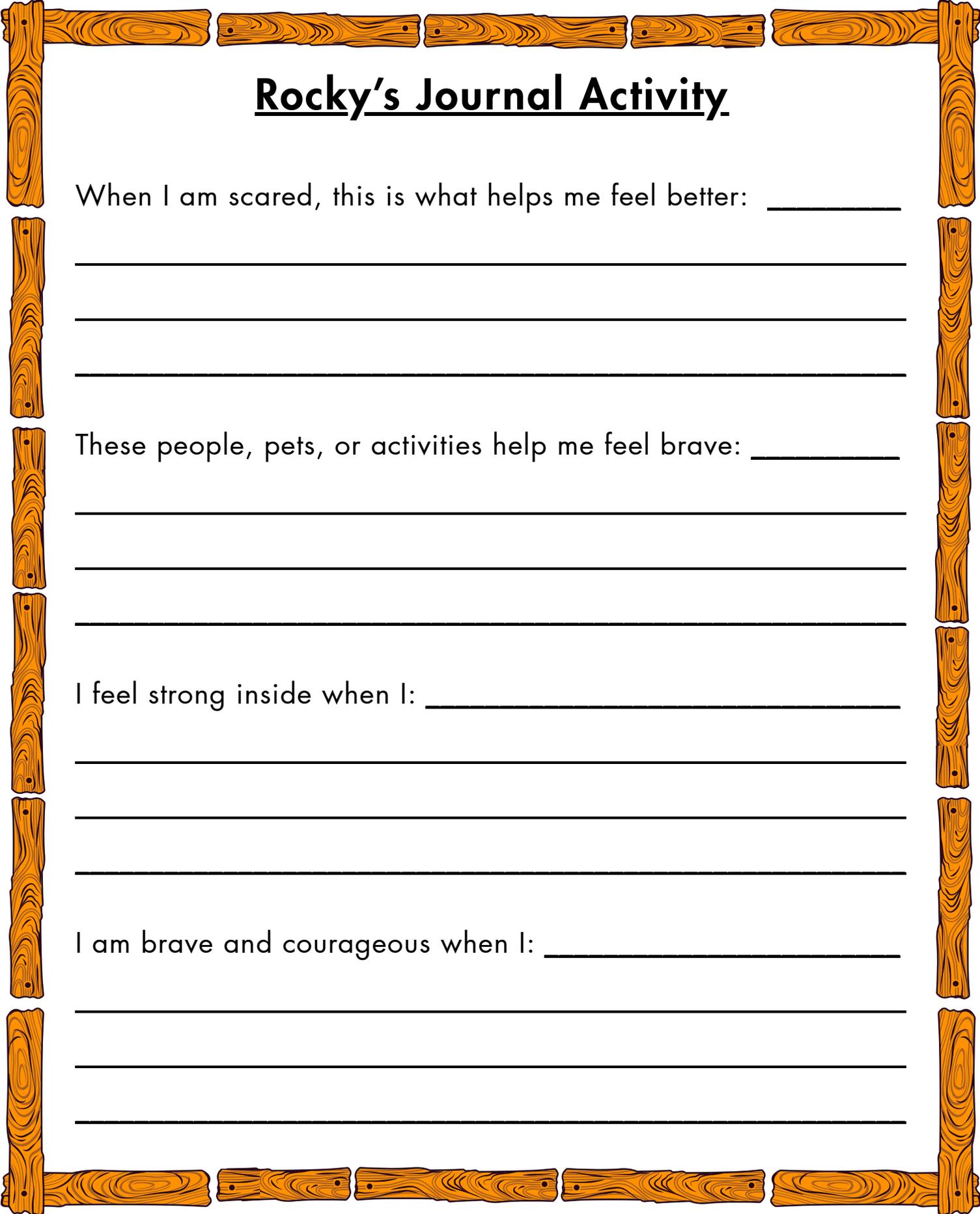
Rocky's Journal Activity

To me, being brave means: _____

One small thing I can do to be brave this week is: _____

My "brave voice" says this to me: _____

I can be brave for a friend by doing: _____

A decorative border made of horizontal and vertical wooden logs with a natural wood grain pattern, framing the entire page.

Rocky's Journal Activity

When I am scared, this is what helps me feel better: _____

These people, pets, or activities help me feel brave: _____

I feel strong inside when I: _____

I am brave and courageous when I: _____
